

Return Service Requested



The Good Life

Newsletters by www.DouglasUSA.com

HEALTH SCREENING for
 Blood Pressure, Cholesterol, Blood Sugar,
 Bone Density, and Vision.



Achieving Health & Wellness

Wednesday, February 15, 2012

9:00 a.m. - 12:00 p.m.

Emma Ody Pohl Building Gymnasium

Entry is **FREE** and Open to the Public
 Contact: Frankie Wilkins 662-241-5518



LOOK FOR THE PLANTATION POINTE
 RETIREMENT COMMUNITY BOOTH

THE ARRINGTON
New Activity: Every Tuesday
 3:45pm - 4:30pm
 Music Therapy provided by MUW students

DECADES of GERIATRIC EXPERIENCE

At Plantation Pointe Retirement Community (PPRC), your loved ones are cared for by elder care professionals with decades of experience in geriatrics, assisted living, social work, and the administration of skilled-nursing and rehabilitation. This month's ELDER CARE SPOTLIGHT, we introduce you to **Diane Grammer (Charlie, too!)** from The Windsor Place, Skilled Nursing and Rehabilitation Center.



Diane w/ Charlie

Diane Grammer | Experience: +15 Years

Diane has been an employee of The Windsor Place since 2006. She is celebrating a combined +15 years of work in the field of Social Services and Dept. of Human Services. Diane loves what she does on a daily basis. "I want to make a difference in somebody's life every day." Her grandmother was in the nursing home and got excellent care. She wants to give people that same excellent care in memory of her grandmother. Charlie comes to work everyday too!!



Ms. Orman w/Charlie

"Charlie is like my grandson. I believe he's part human! I know he understands English. He takes his daily afternoon nap on my lap. I love him."

Ms. Orman, a resident of The Windsor Place.

The Windsor Place
 Outpatient & Short-Term
 Inpatient Therapy

For Loved Ones
 Recovering From:

- Amputation
- Arthritis
- Back Pain & Dysfunction
- Brain Injuries
- Swallowing Disorders
- Knee Replacements
- Industrial Injuries
- Neurological Injuries
- Hearing Loss
- Hip Replacements
- Spinal Cord Injuries
- Sport Injuries
- Strokes
- Voice Loss

WINDSOR PLACE VALENTINE'S DAY



STARTING WITH

10:00AM VALENTINE'S DAY SCAVENGER HUNT 3:00PM NAMING THE KING & QUEEN**

3:15PM VALENTINE'S DAY SOCIAL

**There will be voting boxes at each nursing station February 1 - 12. If you feel your loved one should be King or Queen, please cast a vote. All votes must be handwritten, not copied.

ARRINGTON

Assisted Living Community

Activities subject to Change...
ALL CHANGES WILL BE ANNOUNCED.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>New Activity: Every Tuesday 3:45 - 4:30 Music Therapy provided by MUW students</p>			<p>1 8:30 -Pretty Nails 12:00 -Lunch 1:00 -Pretty Nails 2:00 -TV SHOW 5:00 -Supper</p>	<p>2 Groundhog DAY 10:00 -Bible Study w/ Pam 12:00 -Happy B-Day Mr. Noland 1:00 -Bible Study w/ Bro. Nick 2:00 -Money \$\$\$ BINGO 3:00 -Lemonade 5:00 -Supper</p>	<p>3 Wear RED tSHIRTS 10:00 -ART Class 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -BINGO w/ Snacks 5:00 -Supper</p>	<p>4 10:00 -Exercise w/ Betty 10:30 -Cookies & Lemonade 12:00 -Lunch 1:30 -Real Life Church BINGO w/ Prizes 3:00 -Lemonade 5:00 -Supper</p>
<p>5 Super Bowl Sunday 8:00 -Sunday School 10:00 -First Baptist Church 12:00 -Lunch 2:00 -Church Service w/ Bro. Atkins 5:00 -Supper</p>	<p>6 10:00 -Music w/ Bro. Mordecai 12:00 -Happy B-Day Mrs. Hicks 2:00 -BINGO w/ Prizes 3:00 -Lemonade & Popcorn 5:00 -Supper</p>	<p>7 10:00 -Church of Christ 10:00 -Exercise w/Marie 12:00 -Lunch 1:00 -Bible Study w/ Bro. Nick 2:00 -Dietary Manager 3:45 -Music Therapy 5:00 -Supper</p>	<p>8 8:30 -Pretty Nails 12:00 -Lunch 1:00 -Pretty Nails 2:00 -TV SHOW 5:00 -Supper</p>	<p>9 10:00 -Bible Study w/ Pam 12:00 -Lunch 1:00 -Bible Study w/ Bro. Nick 2:00 -Money \$\$\$ BINGO 3:00 -Lemonade 5:00 -Supper</p>	<p>10 10:00 -ART Class 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -Arts & Crafts 5:00 -Supper</p>	<p>11 10:00 -Exercise w/ Betty 12:00 -Lunch 1:30 -Real Life Church BINGO w/ Prizes 5:00 -Supper</p>
<p>12 8:00 -Sunday School 10:00 -First Baptist Church 12:00 -Lunch 2:00 -Church Service w/ Bro. Mordecai 5:00 -Supper</p>	<p>13 10:00 -Exercise w/ Marie 10:30 -Name WordGame 12:00 -Lunch 2:00 -BINGO w/ Prizes 3:00 -Lemonade 5:00 -Supper</p>	<p>14 10:00 -Exercise w/Marie 12:00 -Happy B-Day Mrs. Abshire 1:00 -Bible Study w/ Bro. Nick 2:00 -VALENTINE Social 3:45 -Music Therapy 5:00 -Supper</p>	<p>15 8:30 -Pretty Nails 12:00 -Lunch 1:00 -Pretty Nails 2:00 -TV SHOW 5:00 -Supper</p>	<p>16 10:00 -Bible Study w/ Pam 12:00 -Lunch 1:00 -Bible Study w/ Bro. Nick 2:00 -Money \$\$\$ BINGO 3:00 -Lemonade 5:00 -Supper</p>	<p>17 10:00 -The Senior Band 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -Arts & Crafts 5:00 -Supper</p>	<p>18 10:00 -Exercise w/ Betty 10:30 -Cookies & Lemonade 12:00 -Happy B-Day Mrs. Atkins 2:00 -BINGO w/ Snacks 3:00 -Lemonade 5:00 -Supper</p>
<p>19 8:00 -Sunday School 10:00 -First Baptist Church 12:00 -Lunch 2:00 -Church Service w/ Bro. Mordecai 5:00 -Supper</p>	<p>20 Presidents' Day 10:00 -Exercise w/ Marie 10:30 -Name All Presidents 12:00 -Lunch 2:00 -BINGO w/ Prizes 3:00 -Lemonade 5:00 -Supper</p>	<p>21 10:00 -Mardi Gras Parade 10:30 -Cookies & Lemonade 12:00 -Mardi Gras Lunch 1:00 -Bible Study w/ Bro. Nick 2:00 -WordGame 3:45 -Music Therapy 5:00 -Supper</p>	<p>22 ASH Wednesday 8:30 -Pretty Nails 12:00 -Lunch 1:00 -Pretty Nails 2:00 -TV SHOW 5:00 -Supper</p>	<p>23 10:00 -Bible Study w/ Pam 12:00 -Lunch 1:00 -Bible Study w/ Bro. Nick 2:00 -Money \$\$\$ BINGO 3:00 -Lemonade 5:00 -Supper</p>	<p>24 10:00 -ART Class 10:30 -Cookies & Lemonade 12:00 -Lunch 2:00 -BINGO w/ Snacks 5:00 -Supper</p>	<p>25 10:00 -Exercise w/ Betty 12:00 -Lunch 2:00 -Sit & Chat 5:00 -Supper</p>
<p>26 8:00 -Sunday School 10:00 -First Baptist Church 12:00 -Lunch 2:00 -Church Service w/ Bro. Atkins 5:00 -Supper</p>	<p>27 10:00 -Exercise w/ Marie 10:30 -Name WordGame 12:00 -Lunch 2:00 -BINGO w/ Prizes 3:00 -Lemonade 5:00 -Supper</p>	<p>28 10:00 -Church of Christ 10:00 -Exercise w/Marie 12:00 -Lunch 1:00 -Bible Study w/ Bro. Nick 2:00 -Neighbor Social 3:45 -Music Therapy 5:00 -Supper</p>	<p>29 LEAP YEAR 8:30 -Pretty Nails 12:00 -Lunch 1:00 -Pretty Nails 2:00 -TV SHOW 5:00 -Supper</p>	<p>Welcome Back ART Class with Cynthia Mulch Fridays 10:00 a.m. (except 3rd Friday)</p>		

FEBRUARY



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BEDFORD SUITES

Memory Loss Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Valentine's Day</p>			<p>1 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>2 Groundhog DAY 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>3 Wear RED tSHIRTS 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Show & Tell 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>4 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Movie w/ Popcorn 3:00 -Relaxation Time 4:30 -Supper</p>
<p>5 Super Bowl Sunday 9:00 -Devotional 10:00 -First Baptist Service 10:30 -Newspaper & Coffee 11:30 -Lunch 2:00 -Service w/ Bro. Nick 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>6 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 12:00 -Lunch 2:00 -The Price Is Right 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>7 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 1:30 -SPA Day 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>8 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>9 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>10 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Puzzle Time 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>11 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Movie w/ Popcorn 3:00 -Relaxation Time 4:30 -Supper</p>
<p>12 9:00 -Devotional 10:00 -First Baptist Service 10:30 -Newspaper & Coffee 11:30 -Lunch 2:00 -Church Service 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>13 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -The Gold Fish Game 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>14 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 1:30 -SPA Day 2:00 -VALENTINE Social 4:30 -Supper</p>	<p>15 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Story Time 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>16 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Arts & Crafts 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>17 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Puzzle Time 3:00 -Soft Music/Refreshments 4:30 -Supper</p>	<p>18 9:00 -Devotional 10:00 -Exercise 10:30 -Snack Time 11:30 -Lunch 2:00 -Movie w/ Popcorn 3:00 -Relaxation Time 4:30 -Supper</p>
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